

ABOUT THE COACH:

Dr. Dave Holmquist recently became one of the youngest coaches in college basketball history to win 700 games. His overall record in 30 years of coaching is 720-264. His teams have competed in the National Tournament 15 times.

HOW MUCH?

Tuition is \$200.00 per week (lunch included). Make check payable to:

Dave Holmquist (Basketball Camp)

Detach and mail the registration form and a *non-refundable* deposit of \$75.00. If possible, please complete the payment balance **BEFORE CAMP STARTS**. If not, the final payment may be made at registration.

WHERE AND WHEN?

The basketball camp is located on the campus of Biola University in La Mirada. **Final registration will begin at 8:30am on Monday, July 9 and Monday, July 23 in the gym.** The daily camp schedule will run from 9:00am to 4:00pm each day.

Please bring a water bottle with your name on it to camp each day. For optional swimming in the afternoon, please bring a suit and towel.



CAMP FEATURES

Daily instruction & demonstrations of basketball fundamentals

Instruction by experienced Christian coaches and Biola players

Emphasis on Christian principles and moral development

Indoor Courts

Camp T-shirt, Camp Basketball & Family Pass for *FREE* admission to all Men's Basketball home games (except Azusa)

Instructional Films

Daily Team competition against players of similar ability

Q & A sessions designed to answer you questions about basketball, academics, goal setting, scholarships and more

CAMP PROGRAM OF INSTRUCTION

INDIVIDUAL DEFENSE

- Stance and movement
- On Ball Defense
- Help Side Defense
- Deny Defense
- Transition Defense
- Post Defense

INDIVIDUAL OFFENSE

- Live Ball Moves
- Triple Threat
- Moving Without the Ball
- Passing and Pass Receiving
- Post Offensive Skills
- Zone Offensive Skills
- Shooting (perimeter, post, free throws, 3-pointers)

REBOUNDING

- Offensive
- Defensive

GENERAL

- Improving Your Practice Habits
- Motivation and Goal Setting
- Building Relationships

BIOLA
BASKETBALL

APPLICATION - Dave Holmquist/BASKETBALL CAMP 2007, 13800 Biola Avenue, La Mirada, CA 90639

Name: _____ Grade in Fall: _____
Address: _____ City: _____ State: _____ Zip: _____
Business Phone () _____ Home Phone: () _____
Medical Insurance Co.: _____ Policy # _____

Any Medical Condition We Should Be Aware Of: _____

T-Shirt Size **Adult** Small _____ Med _____ Large _____ XL _____ XXL _____ **Email Address** _____

- **Circle Camp** - #1 July 9-13 or #2 July 23-27 - 9:00 a.m. to 4:00 p.m. - Monday through Friday - (\$200 total/\$75 deposit)

Sign In - Monday, July 9 and Monday, July 23 at 8:30 a.m. in the Gym

I hereby authorize directors of the **Dave Holmquist/Basketball Camp** to act for me according to their best judgment in the event of any emergency requiring medical attention. I hereby waive and release the Dave Holmquist/Basketball Camp from any and all liabilities for any injuries or illnesses incurred while at camp. I know of no medical, mental or physical problem, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or other charges in connection with his or her attendance at camp. I have read the above regulations of the camp and both the camper and I agree to abide by them.

PARENT or GUARDIAN'S SIGNATURE: _____ DATE: _____

Biola University
Summer Basketball Camp
13800 Biola Avenue
La Mirada, CA 90639



Biola University 2007 Basketball Day Camp

Open to Boys
Age 8-15

July 9-13, 2007
July 23-27, 2007

Biola University
13800 Biola Avenue
La Mirada, CA 90639
562-906-4522